



HISTORY

Age: _____ Height: _____ Weight: _____
Race: [] Asian [] Pacific Islander/Polynesian [] Black [] Caucasian [] Hispanic [] Native American Indian [] Other
Sex: [] Male [] Female
Allergies: [] No [] Yes - If yes, please list: _____
Date of onset/injury for this episode: _____
Highest educational level: [] did not complete HS [] completed HS [] college, no degree [] college undergrad degree [] post-grad
Your current overall health status is: [] excellent [] very good [] good [] fair [] poor

Past Medical Hx:

Please check (X) any and all of the following conditions which YOU have ever had:

- Allergies - seasonal.....[] No [] Yes
Allergies - foods/meds.....[] No [] Yes
Arthritis[] No [] Yes
Rheumatoid Arthritis.....[] No [] Yes
Osteoarthritis.....[] No [] Yes
Asthma[] No [] Yes
Back Pain.....[] No [] Yes
Balance problems/dizziness.....[] No [] Yes
Breast Cancer.....[] No [] Yes
Broken Bones.....[] No [] Yes
Carpal Tunnel.....[] No [] Yes
Colon Cancer.....[] No [] Yes
Diabetes.....[] No [] Yes
Eczema (rashes).....[] No [] Yes
Emphysema.....[] No [] Yes
Headaches.....[] No [] Yes
Heart Problems.....[] No [] Yes
High Blood Pressure.....[] No [] Yes
Mental Illness.....[] No [] Yes
Migraine Headaches.....[] No [] Yes
Osteoporosis.....[] No [] Yes
Seizures.....[] No [] Yes
Stomach Cancer.....[] No [] Yes
Strokes.....[] No [] Yes
Ulcers.....[] No [] Yes

Past Surgical Hx:

Please check (X) any and all of the following SURGICAL procedures you have ever undergone:

FOR THERAPIST USE ONLY:

- Ankle..... [] No [] Yes -> _____
Appendectomy.....[] No [] Yes -> _____
Back[] No [] Yes -> _____
Brain.....[] No [] Yes -> _____
Elbow[] No [] Yes -> _____
Foot.....[] No [] Yes -> _____
Gallbladder.....[] No [] Yes -> _____
Hand.....[] No [] Yes -> _____
Heart Bypass.....[] No [] Yes -> _____
Hip[] No [] Yes -> _____
Hysterectomy.....[] No [] Yes -> _____
Knee.....[] No [] Yes -> _____
Neck.....[] No [] Yes -> _____
Shoulder.....[] No [] Yes -> _____
TMJ.....[] No [] Yes -> _____
Tonsillectomy.....[] No [] Yes -> _____
Wrist/Carpal Tunnel.....[] No [] Yes -> _____
Other _____



HISTORY

Family Hx:

Please check (X) any and all of the following conditions which anyone in your blood-related family including your parents, grandparents, aunts/uncles, brothers or sisters etc. has or has ever had:

- Allergies, Arthritis, Asthma, Back Pain, Breast Cancer, Colon Cancer, Diabetes, Emphyzema, Headaches, Heart Problems, High Blood Pressure, Mental Illness, Migraine Headaches, Osteoporosis, Seizures, Stomach Cancer, Strokes, Other

Social Hx:

Marital Status: Single Married Separated Divorced Widowed

Children: No Yes If yes: how many; their ages

Work: Disabled: No Yes If yes: date disabled % of disability

Employed: No Yes Occupation: Retired: No Yes
If employed: Full time Part time
Number of hours per week:

Student: No Yes
If student: Full time Part time
Number of hours per week:

Habits: Smoker: No Yes If yes: How much? packs/day How long? yrs
Chew Tobacco: No Yes If yes: How much? times per day How long? yrs
Drink Alcohol: No Yes If yes: How much? How long? yrs
Exercise: No Yes If yes: Weight lifting: No Yes Aerobic: No Yes
How often? How often?

Medications: Please list all of the prescription medications which you currently take:

Blank lines for listing prescription medications

Please check (X) all of the following over-the-counter medications which you take:

- Advil/Aleve, Antacids/Tums, Antihistamines, Aspirin, Decongestants, Ibuprofen/Naproxyn, Motrin, Tylenol, Herbal Supplements, Other

Patient Signature:

Therapist Signature: